

FOLTABS 500MCG TABLETS

COMPOSITION

Each tablet contains folic acid 500mcg. Contains lactose. Contains no added sugar, gluten, yeast, salt, artificial preservatives, colourings, flavourings or sweeteners.

ACTION

Folic acid supplement

INDICATIONS

Prevention of folic acid deficiency in pregnancy. Foltabs 500 provides a daily dose of 500mcg of folic acid which, if taken daily for one month before conception and during pregnancy, may reduce the risk of having a child with spina bifida/neural tube defects. There is an increased requirement for folic acid in pregnancy.

CONTRAINDICATIONS

Hypersensitivity to folic acid.

INTERACTIONS

Methotrexate, trimethoprim, pyrimethamine & phenytoin.

DOSAGE & ADMINISTRATION

Adult Dosage: Take 1 tablet daily or as advised by your doctor. Do not exceed the stated dose except on medical advice.

ADVERSE REACTIONS

Folic acid is usually well tolerated. Allergic reactions including rash, swelling & difficult breathing are rare. High doses of folic acid may cause abdominal cramps, diarrhoea, nausea, confusion & irritability.

PACK

Yellow round tablets. Bottles of 100 tablets.

STORAGE

Store below 30°C in a dry place. Shelf life 3 years. Keep out of reach of children.

POISONS SCHEDULE

Unscheduled.

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