

MAG-SUP TABLETS

COMPOSITION

Each tablet contains magnesium aspartate 500mg (equivalent to 37.4mg elemental magnesium).
Contains no gluten, lactose, sugar or preservatives.

ACTION

Magnesium supplement

INDICATIONS

Magnesium deficiency.

Aid in the symptomatic relief of muscle cramps, spasms, aches & period cramps.

Aid in the symptomatic relief of nervous tension, stress, anxiety, chronic fatigue & migraine.

CONTRAINDICATIONS

Renal failure.

DOSAGE & ADMINISTRATION

Adults: Take 2 to 6 tablets daily with meals or as recommended by healthcare professional.

Children 6 – 12 years: Take 1 to 3 tablets daily with meals or as recommended by healthcare professional.

Children under 6 years: as recommended by healthcare professional.

PACK

White film-coated round tablets. Bottles of 50, 100 and 250 tablets.

STORAGE

Store below 30°C in a dry place. Shelf life 3 years. Keep out of reach of children.

POISONS SCHEDULE

Unscheduled.